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Mā te iwi – he toa takitini



Nō te kawenga atu a Wahine Tupou i tāna mokopuna ki te wāhi, nā rātou ko ōna kiritata Kāinga Ora i whakatū, kua taumaha tana whakahoki i a ia ki te kāinga.

He ara ki te taiao, he ara pahikara me te kutarere hoki, he pae taurite, he pouaka-whā, ka mutu, he nui ngā mea ngahau ki te tamaiti toritori kua ono tau te kaumātuatanga.

Nō tana orokohanga hei pātīti noa, me tētahi pātaka kai, tētahi pae pukapuka hoki, kua puāwai mai tōna ake papatūwaewae, tētahi mahinga toi motuhake, ā, katoa ēnei, he mea nā Wahine rātou ko ngā kiritata o Glenavon.

Tērā ko Wahine, he kainoho mai rā anō, me tōna nōhanga, e ono ngā whare te tawhiti i te pokapū hauora, kua roa nei e wero ana kia whakahōungia te wāhanga i waenga i a Miranda Street, Umbriel Lane me Ruahine Street ki tō Tāmaki Makaurau Blockhouse Bay.

E harikoa pai ana ia i te tutukitanga nei, me te whakamahinga pai a tōna hapori i te wāhi nei.

“Tino nui ngā tāngata i kitea e au i reira – inarā i te wā raumati. He wā ōna ka toro noa au, pānuitia ai tētahi pukapuka.”

I hoahoangia tahitia te wāhi rā e te hapori me Kāinga Ora, me ētahi atu umanga – tae rā anō ki a Watercare, e waihanga nei i tētahi ana ‘kōmutumutu’ para wai e tata nei ki te wāhi, a Community Waitakere, a Glenavon Community Hub, a Glenavon Community Trust, Te Kaunihera o Tāmaki, a Whau Local Board, me Arts Whau.

Taetaea ai ngā awheawhe e te hunga hapori o ngā pakeke katoa, ka whakawhanake i tētahi mahere e pai ai te wāhi, hei tā te whakamārama a Karen Allen, te Kaiwhakahaere Whanaketanga ā-Hapori.

“I tū te awheawhe tuatahi (i mua i te nōhanga mohao) ki te hōro ki te kura o Glenavon, ā, i tū te tuarua ki te wāhi ake, e oti ai i te hapori te auaha mai, me te āta whakamahere i ētahi ohia mō te wāhi,” hei tā Karen.

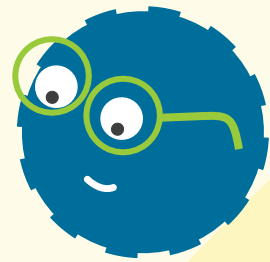
Nā Community Waitakere ēnei awheawhe tīmatanga i whakahaere, kātahi ka tū ētahi awheawhe kē atu ki te Pokapū ki Glenavon e whakapūmautia ai ngā mahere. Hei tā Karen hoki, i noho mai ngā tāngata ā-Hui Topa i te nōhanga mohao e koke tonu ai te kaupapa.

He mahinga toi hoki ki te wāhi rā nā te kaitoi ngāi Hāmōa, nā Michel Mulipola, me ngā tātū o te hapori me te whānau, ka mutu, tae rā anō hoki ki ngā mihi i ngā reo koni atu i te 25.

Nā Resene te peita i takoha mai, me te aha anō i whakawhanake mā te āta whakahoahoa tahi ki ngā kiritata, nāwai rā, i whāngaia ā-pūtea e te Poari a-Takiwā o Whau.



Te tiaki i tō hauora i roto i te urutā KOWHEORI-19.



Te whakahaumarū i a koe

- Kia pono mai, ki te tae atu tētahi kaimahi, tētahi kaikirimana rānei o Kāinga Ora ki tō kāinga, kua werohia kētia ia.
- Ka uia ngā pātai hihira ā mua i tana tāpui toronga, me tāna tomo ki tō kāinga.
- Ki te noho taratahi koe ki tō kāinga, ka tapitapi, ka whakatika tonu mātou i ngā mea e waiwai ana ki tō kāinga. Ki te hiahitia ēnei, ka whakamau te kaikirimana i ngā taputapu whakahaumarū, ka tonoa pea koe kia tatari ki tētahi atu rūma, ki waho rānei i a ia e whakatika ana.
- E māaurau ana koe ki te tautoko ahakoa pēhea nei tō whai werohanga KOWHEORI-19. Ehara i te mea me whakaatu mai i tō tūnga whai werohanga ki a mātou, ki tētahi atu umanga e tautoko nei i a koe.

Whiwhi werohanga kano ārai mate

Ko te werohanga kano ārai mate tētahi o ngā rautaki hirahira rawa e haumarū ai koutou ko tō whānau.

- Kua 18+ koe, ā, kua koni atu i ngā marama e 3 i tō werohanga tuarua? Whiwhi i tō werohanga whakakaha ināiane.
- Ka āhei ō tamariki kua 5-11 tau te pakeke kia whai werohanga ināiane.

Kitea ngā wāhi e taea ai tērā. Toroa a [bookmyvaccine.nz](https://www.bookmyvaccine.nz), kōrero atu rānei ki te ope Werohanga KOWHEORI i Healthline 8am-8pm, ia rā. Waeahia a 0800 28 29 26.

E wātea mai ana ngā ratonga whakamāori ki ngā reo koni atu i te 40.

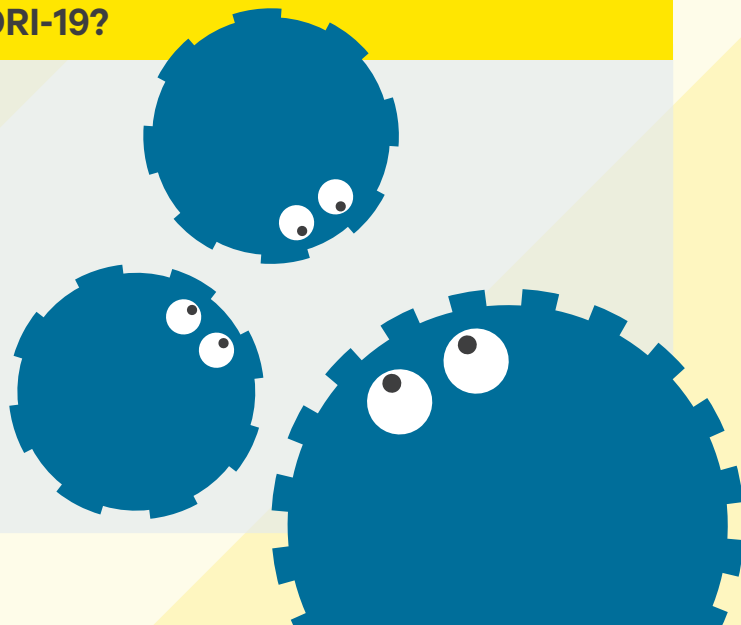


Kua takatū koe ki te pāngia e te KOWHEORI-19?

E hiahia ana mātou kia rite ai koe ina pāngia koe, tō whānau rānei, e te KOWHEORI-19, ā, e matea ana kia noho taratahi ki te kāinga.

Ki te pāngia koe e te KOWHEORI-19, tērā tonu pea ka āhua māuiui koe, ina koa kua whiwhi koe i te katoa o ō werohanga. Me noho taratahi koutou ko ngā tāngata katoa e noho ana ki tō kāinga.

Ka ngāwari ake tēnei mēnā e takatū ana koe.



Me whakamahere

Whakamahia te mahere nei, tikina ake rānei te rārangi hihira ki konei: kaingaora.govt.nz/covid19customer

1 Me rite pai ēnei:

- ngā kai, te wai, me ētahi atu taputapu waiwai anō
- ngā taputapu rongoā waiwai pēnei i te ine-mahana, me te rongoā whakangāwari mamaetanga
- āu ake rongoā
- ngā ārai kanohi, te patuero, me ngā uhiringa
- he rārangi ingoa ohotata me ngā tau waea – tae rā anō ki tō tākuta
- ngā tohutohu ā-whare mēnā me haere ki te hōhipera, te noho taratahi rānei – te whāngai mōkai, te utu pire me te hāwaiwai otaota.

2 Whakamaheretia ēnei:

- tētahi tangata e taea nei te āwhina ki te whakataka i ngā kai me ngā taputapu
- ngā whakahaerenga tamariki, ngā whakaritenga tuari tiaki tamariki
- te mahi, te ako rānei i te kāinga
- te whakawhāiti i te hōrapa ki ngā kainoho i tō whare e kore e tino hauora ana
- ngā whakaritenga kaitiaki i tō kāinga
- ngā ngohe e ngahau tonu ai koe.

E whai tautoko ai ki te pāngia koe e te KOWHEORI-19, toroa: kaingaora.govt.nz/covid19customer

Kia mōhio mai: Nō te Manatū Hauora ngā mōhiohio mō te kano āraimate me te whakaritenga KOWHEORI-19



3 Toro atu i tō ringa āwhina ki te whānau me ngā hoa

- Kia tūhonoa tonutia — whakaritea ngā hui auau ki tō whānau, o hoa, me te hapori. Mēnā e noho taratahi ana, me whakarite kia tuihono, kia mahia ā-waea ēnei.
- Tautokona o hoa, tō whānau, o hoamahi rānei kia rite pai ā rātou mahere.
- Rapua ngā mea e mahi ana tō hapori – he rōpū e hanga ana i ngā kai kia tioa, e tuari ana i ngā kupu āwhina mō te whakamahere, e rapu noa ana rānei i ngā kōrero hōu?

4 Me mōhio, me tuari i o whakamaheretanga

- Kōrerotia tahitia – me mōhio te katoa i tō whare (tae rā anō ki ngā tamariki) ki ngā whakaritenga ina noho taratahi koutou.
- Tuaritia ngā whakaritenga ki ērā e tautoko ana i a koe (ki a rātou e tautokona rānei e koe).
- Whakamahia te tohu QR ki tō taiapa, ki tō tomohanga rānei e mōhio ai ngā manuhiri ki tō nōhanga taratahi.

Tikina ake te tohu nōhanga taratahi ki konei: kaingaora.govt.nz/covid19customer. Waihangatia tāu ake tohu Waehera QR ki konei: <https://qrform.tracing.covid19.govt.nz/>