

What are the types of Contacts?

Close Contact

A **Close Contact** is anyone who lives with, or has been within 2 metres for 15 minutes or more of, a confirmed or probable case during the case's infectious period, without appropriate personal protective equipment. Close Contacts may also be identified via the Bluetooth function in the NZ COVID Tracer app; they would receive an orange notification stating that they are a 'Close Contact'.

Close Contacts need to:

- Isolate/quarantine, either at home or in a managed facility, for 14 days from last exposure.
- Test immediately, and on day 5 after first exposure and day 12 after last exposure.
- If symptoms develop, get an additional test immediately.

If the Close Contact develops symptoms, their household members should stay at home until the Close Contact returns a negative test result. If one or more household member(s) develop symptoms, they should stay at home and get a test.

Close Plus Contact

Close Plus Contacts are Close Contacts where there is higher risk for transmission. Their household members should stay at home until the Close Plus Contact returns a negative day 5 test result.

If the Close Plus Contact develops symptoms after returning a Day 5 negative result, the household member(s) should stay at home again until the Close Plus Contact returns an additional negative test result.

If one or more household member(s) of the Close Contact develop symptoms, they should stay at home and get a test.

Casual Contact

A **Casual Contact** is anyone who self-identifies as having been at a location of interest and/or receives a yellow notification for a location of interest via the NZ COVID Tracer app that says 'Casual Contact'.

Casual Contacts need to self-monitor for COVID-19 symptoms for 14 days, and if symptoms develop, get tested and stay at home until they get a negative result and for 24 hours after symptoms have resolved. There is no immediate action for the people they live with.

Casual Plus Contact

A **Casual Plus Contact** is a Casual Contact where there is higher risk for transmission and/or anyone who receives a yellow notification for a location of interest via the NZ COVID Tracer app that says 'Casual Plus Contact'.

They need to stay at home and get a test around Day 5 after last exposure. They must continue to stay at home until they get a negative test result (in addition to self-monitoring for symptoms for 14 days and getting tested again if symptoms develop).

There is no immediate action for the people they live with.



With all four types of contact, if any person develops symptoms, they should get tested, even if they have had an earlier test, and they should stay at home while awaiting the test result.

All contacts need to check the specific advice relevant to them on the Ministry of Health website and call **Healthline 0800 3585453** if they have any questions.

For more information go to [Covid19.govt.nz](https://www.covid19.govt.nz)